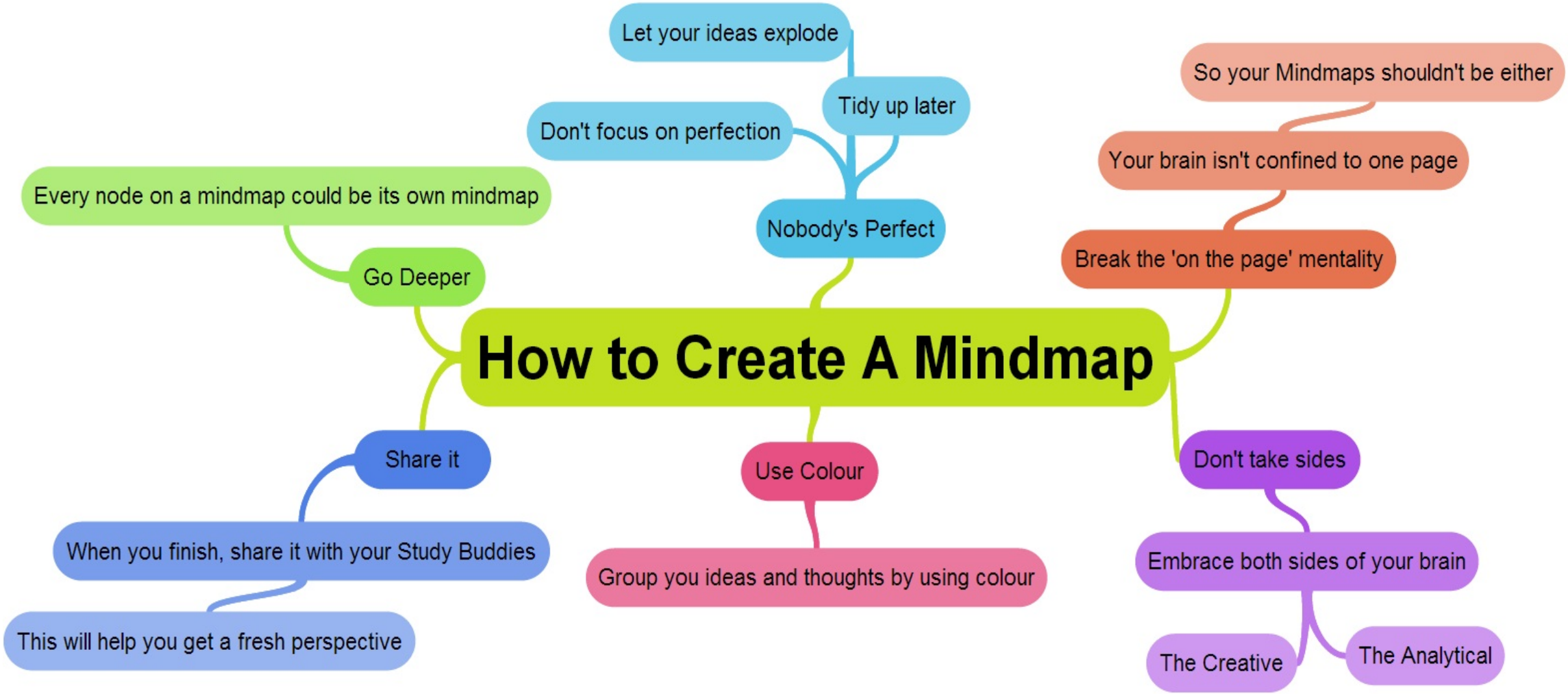
HOW TO MAKE A MIND MAP

Practical guidance


How to Create A Mindmap
Let your ideas explode
Tidy up later
Don't focus on perfection
Nobody's Perfect
Every node on a mindmap could be its own mindmap
Go Deeper
Share it
When you finish, share it with your Study Buddies
This will help you get a fresh perspective
Use Colour
Group you ideas and thoughts by using colour
So your Mindmaps shouldn't be either
Your brain isn't confined to one page
Break the 'on the page' mentality
Don't take sides
Embrace both sides of your brain
The Creative
The Analytical

TIPS ‘N TRICK

There are many ways to create a mind map, for instance ***keep these tips in mind :***

1. Take a blank piece of paper, A4 or larger.	Blank paper allows 360° of freedom to express the full range of your cortical skills, whereas pre-drawn lines restrict the natural flow of your thoughts.
2. Use the paper in landscape orientation.	Words and images have more space in the direction we write, so they don’t bump into margins as quickly.
3. **Start in the centre.**	Thoughts start in the centre of our mental world. The Mind Map page reflects this!

CONT'D

4. Make a central image that represents the topic about which you are writing/thinking: •Use at least three colours.	A picture is worth a thousand words. It opens up associations, focuses the thoughts, is fun and results in better recall: •Colours stimulate the right cortical activity of imagination as well as capturing and holding attention.
•6. Start to add a second level of thought.	•Attach whatever word or image is triggered. Allow the random movement of your thought; you do not have to 'finish' one branch before moving
•7. Add a third or fourth level of data as thoughts come to you: Use images as much as you can, instead of, or in addition to the words.	Your brain is like a multi-handed thought-ball catcher.

CONT'D

8. Add a new dimension to your Mind Map. Boxes add depth around the word or image.	To make some important points stand out.
9. Make each Mind Map a little more: **BEAUTIFUL** **ARTISTIC** **COLOURFUL** **IMAGINATIVE** **DIMENSIONAL**	Your eyes and brain will be attracted to your Mind Map: •It will be easier to remember. •It will be more attractive to you (and to others as well).
10. **Have fun!** Add a little humour, exaggeration or absurdity wherever you can.	Your brain will delight in getting the maximum use and enjoyment from this process and will therefore learn faster, recall more effectively and think more clearly.

Source : Illumine Training-Mind map site
access by: http://www.mind-mapping.co.uk/make-mind-map.htm